

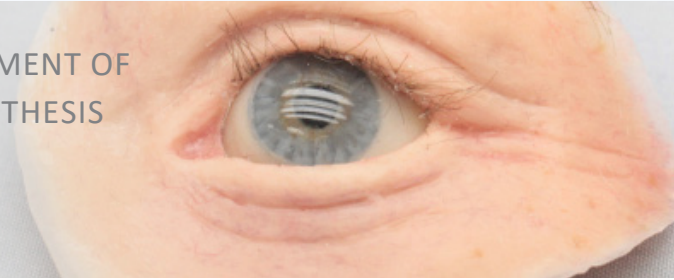
Homecare of the Ocular Component of your Orbital Prosthesis



iRSM, 1W-02, 16940-87 Avenue, Edmonton, Alberta, Canada T5R 4H5 | ph: 780-735-2660 | email: irsm@albertahealthservices.ca

INSTRUCTIONS FOR REMOVAL, CLEANING & PLACEMENT OF THE OCULAR COMPONENT OF YOUR ORBITAL PROSTHESIS

If removal of the ocular is required, a clinician will demonstrate during the delivery appointment



REMOVING THE OCULAR FROM YOUR PROSTHESIS

- Work in a safe place and on a surface where the ocular cannot be lost.
- Gently pull open the lids of the prosthesis as shown.
- Be sure not to flex the prosthesis too much. This may cause the silicone at the corners of the eye to tear.



- Gently slide an instrument like a small spatula under the upper or lower eyelid and rotate around the back of the ocular to lift it from the silicone.
- The ocular should come out easily with gentle movements.



- Only remove the ocular if it is dirty or needs to be inserted into another prosthesis. Make sure you cannot lose the ocular when cleaning it. Once removed, the ocular can be washed with water and mild soap, and polished with gauze. You can add a drop of mineral oil to the surface and rub with gauze for a higher shine. Do not use any solvents or cleansers stronger than a mild soap.



PLACING THE OCULAR IN YOUR PROSTHESIS

- Gently flex the prosthesis to open the upper and lower eyelids slightly.



- Position the “nose” end of the ocular (the end with the round notch in the back) towards the nose side of the prosthesis.
- Carefully slide one end of the ocular into the silicone between the lids.
- Try not to interfere with the eyelashes.
- Press the ocular with your fingers until it seats into the space in the silicone.



- Be sure that both lids are seated over the ocular so that it cannot fall out.
- If any eyelashes are caught between the lids and the ocular, gently use an instrument to free them.
- The ocular does not need to be removed on a regular basis.

